



## ***Painters Local 781***

***Screening To Detect Your Risk For Stroke, Heart Issues & Diabetes In Under 60 Minutes!***

### **Members, Spouses and Retirees Screen For FREE!**

"My wife and I participate in the health fair yearly. **Its quick and convenient, being offered right at the local hall.** We come in to the fair and there is little to no wait and we leave in under an hour with our ultrasound results fully explained to us. **Because of this service we have found that I have a high PSA, enlarged prostate, and the beginning stages of an aortic aneurysm. My wife was also alerted that her thyroid isn't functioning properly so she is monitoring that.** If not for these services we wouldn't be able to address these issues until there were symptoms and that might be too late. **Take advantage of this annual event, it just might save your life!"**  
**Laborers Local 561 member**

"**I came into the health fair feeling fantastic. I fully expected to fly through the screening without any issues, but hadn't had a physical in years. I was informed after the ultrasound on my neck that I had a critical blockage.** My doctor confirmed that the results were spot on. **After my surgery my doctor told me I needed to thank the technician for saving my life, I was a ticking time bomb!"**  
**CIL Local 660 Member**

**Painters & Allied Trades District Council 7  
S68 W22665 National Avenue  
Big Bend, WI 53103**

**Saturday, February 8th  
8:00 AM - 3:00 PM**

***FASTING is Optional - but NOT required!***

***Appointments are necessary! Call 515-244-3080 to Schedule or Online at <https://painters781.hgscreenings.com/>***

***Then please complete a personal wellness profile (PWP) prior to your scheduled appointment. The PWP should be completed before you leave your scheduled health screening.***

***Visit <https://tinyurl.com/PaintersLocal781>***

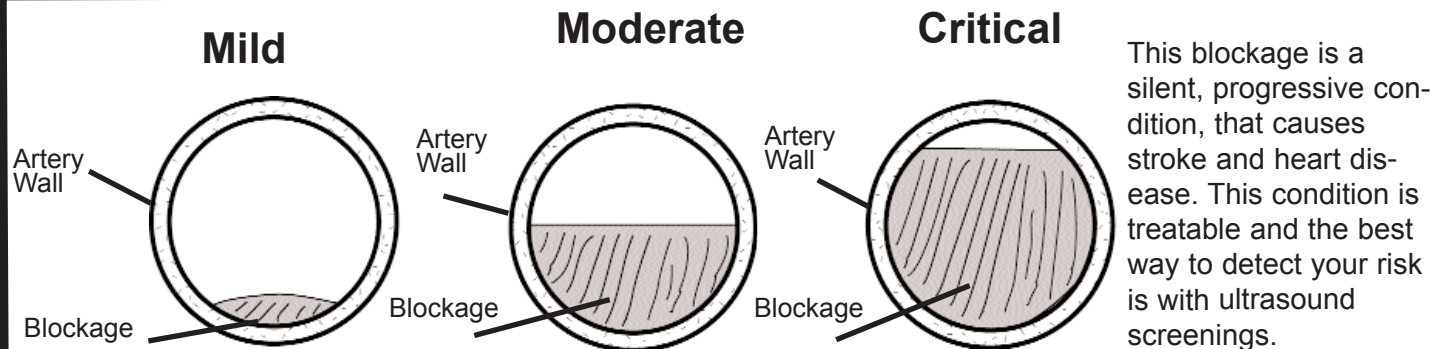
#### **Ultrasound Screenings**

**Stroke/Carotid Artery Screening**  
**Abdominal Aortic Aneurysm (AAA)**  
**Peripheral Arterial Disease (PAD)**  
**Atrial Fibrillation Screening**

#### **Blood Work Screenings**

- Chemistry Panel, Lipid Panel w/ Glucose
- Hematology Complete Blood Count (CBC)
- High Sensitivity-C- Reactive Protein (HS-CRP)
- Hemoglobin A1C
- Thyroid Stimulating Hormones (TSH)
- Prostate Specific Antigen (PSA - Men)
- General Oncology Panel
- Vitamin D

## Artery Blockage



### Stroke Screening

This screening visualizes the buildup of fatty blockage in the carotid arteries. This condition causes the majority of strokes.

### AAA Screening

This screening visualizes the existence of an aneurysm in the abdominal aorta that can rupture and be fatal.

### PAD Screening

This screening checks for blockage in the legs. Abnormal results indicate high risk of coronary artery disease and peripheral arterial disease.

### Hematology Panel

This test screens for abnormally high or low blood cell counts that may indicate the presence of many forms of disease.

### Chemistry Panel

This test measures the health of your vital organs and over all blood health. This is an essential test that is typically requested by your doctor as a part of a routine check-up. It gives you and your doctor a clearer picture of your overall health.

### PSA Screening

This test screens for prostate cancer by testing the level of PSA in the blood.

### Thyroid Test

This test screens for thyroid disease. Signs often include weakness, dry skin, coarse hair, cold intolerance, constipation, weight gain, muscle cramps, hoarseness.

### Hemoglobin A1C

The A1C test gives you a picture of your average blood glucose (blood sugar) control for the past 2 to 3 months.

### HS CRP

This test is used to evaluate your risk of developing coronary artery disease, a condition in which the arteries of your heart are narrowed. Coronary artery disease can eventually lead to a heart attack.

### Vitamin D

This test is used to screen for or monitor bone disorders. Also used to check levels in people with chronic illnesses and certain autoimmune diseases.

### Atrial Fibrillation Screening

The electrocardiogram monitors the electrical activity of the heart. Abnormal EKG waves can show a heart rate that is too fast, slow, or irregular. Atrial fibrillation (AF) is the most common cardiac arrhythmia.

## Two Or More Conditions And You Are At Risk!

- ☐ Over 40 yrs. old
- ☐ More Than 20lbs. Overweight Family
- ☐ History of Strokes High Cholesterol
- ☐ Cigarette Smoking
- ☐ Diabetes
- ☐ High Blood Pressure Inactive
- ☐ Lifestyle
- ☐ Heart Disease
- ☐ TIAs - Minor Strokes
- ☐ Atrial Fibrillation
- ☐ Unhealthy Diet

**Schedule Today!**

**Call 515-244-3080 or Online at**

**<https://painters781.hgscreenings.com/>**